



## JPPS' Extra-Curricular Lunch Time and After School Activities




### Grades 1-6 Lunch Time Activities:

|   |  |                         |                         |
|---|--|-------------------------|-------------------------|
|    | <p><u>Grades 1 – 3:</u> Welcome to a land of amazing adventure and thrills! Using your teamwork skills and imagination, your fantastic facilitator will guide you and your team as you master awesome challenges, like island escape, shark attacks and giant mazes!</p> <p><u>Grade 4 – 6:</u> Games, Games and More Games! Think you can play games nonstop? Then we have a challenge for you! Thunder Ball, Power Ball and Turbo Derby and many more! Our games are active, fast-paced and nonstop fun! Bonus: the fun will last forever with our awesome take-home games. Ready for fun? Jump in the game!</p> | <p>Grades<br/>1 - 3</p> | <p>Grades<br/>4 - 6</p> |
|  <p><b>Lunch-time theatre</b></p>              | <p>Over the course of the program, students will learn the fundamentals of theatre through various exercises and games. Theatre can provide young people with many valuable development opportunities. Lunch-time theatre will focus on teamwork that encourages and helps build enthusiasm, self-expression, confidence and self-esteem, communication skills and social skills.</p>  | <p>Grades<br/>1 - 3</p> | <p>Grades<br/>4 - 6</p> |
|  <p><b>Short Sports with Derek Alleyne</b></p> | <p>Short Sports is a program designed to teach children a variety of team sports, rules and regulations and good sportsmanship.</p>  | <p>Grades<br/>1 - 3</p> | <p>Grades<br/>4 - 6</p> |



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| <p><b>HIP HOP<br/>FUN!</b></p>  <p><b>WITH<br/>SHAWNA</b></p>       | <p>We will keep things cool with the latest trend in dance, HIP HOP- which combines an urban street feel with music video style combinations and choreography.</p>   | <p>Grades<br/>1 - 3</p> | <p>Grades<br/>4 - 6</p> |
|  <p><b>Chess by<br/>« Échecs et Maths »<br/>with Fernando</b></p> | <p>This class will develop students' logical thinking. Children will learn chess strategies and then put them into practice. They will also learn how to resolve a problem logically. A fun way to improve your thinking skills! Our program provides a challenge to players of all skill levels. This is a 50 minute class.</p> | <p>Grades<br/>1 - 3</p> | <p>Grades<br/>4 - 6</p> |
|  <p><i>Yoga with<br/>Debbie Berke</i></p>                         | <p>Yoga for children is a stress releasing activity. It provides exercise, breathing and focusing techniques, as well as lots of fun poses to encourage flexibility, concentration and an active lifestyle.</p>  | <p>Grades<br/>1 - 3</p> | <p>Grades<br/>4 - 6</p> |






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|  |  |                                |                         |
|--|--|--------------------------------|-------------------------|
|  <p>Sports with<br/>Andrew Farmer</p> | <p>Each week the children learn the basics of a different ball sport, such as soccer, football, basketball. They learn interactive games using parachutes, floaters, tunnels, and balancing cones. Each class consists of fun team building skills and individual challenges. Students work on improving stability and motor coordination while focusing on team work and partner trust.</p> | <p>Grades<br/><b>1 - 4</b></p> |                         |
| <p>kids <b>CODE</b><br/>jeunesse</p>   | <p>Introduction to Code with Scratch:<br/>Over the course of the 8 week session, children build an interactive project using Scratch, a computer programming language developed at MIT. Children learn about computers, the Internet, basic computational thinking and programming.</p>  | <p>Grades<br/>1 -3</p>         | <p>Grades<br/>4 - 6</p> |



## JPPS' Extra-Curricular After School Activities for Kindergarten

|   |  |
|---|--|
|  <p><b>Sports with<br/>Andrew Farmer</b></p>               | <p>Each week the children learn the basics of a different ball sport, such as soccer, football, basketball. They learn interactive games using parachutes, floaters, tunnels, and balancing cones. Each class consists of fun team building skills and individual challenges. Students work on improving stability and motor coordination while focusing on team work and partner trust.</p> |
| <p><b>HIP HOP<br/>FUN!</b></p>  <p><b>WITH SHAWNA</b></p> | <p>We will keep things cool with the latest trend in dance, HIP HOP – which combines an urban street feel with music video style combinations and choreography.</p>  |
| <p>kids <b>CODE</b><br/>jeunesse</p>  | <p>Introduction to Code with Scratch:<br/>Over the course of the 8 week session, children build an interactive project using Scratch, a computer programming language developed at MIT. Children learn about computers, the Internet, basic computational thinking and programming.</p>  |
| <p><b>Science with<br/>Felipe</b></p>                    | <p>The children will get to perform “hands-on” science experiments while learning about gravity, aerospace, viscosity and other scientific principles while having fun. They will learn how to make “goop”, watch volcanoes erupt and make their own parachutes and airplanes!</p>   |